

IMPLANT PRE & POST-OPERATIVE INSTRUCTIONS

Dr. Scott Sahf's Pager: 828-243-9121

Before implant placement

- Fill your prescription for the antibiotics that was prescribed and take it 1 hour before your appointment.
- Take 4 tablets or 800mg of ibuprofen or Advil, if you can, 1 hour before your appointment. If you cannot take ibuprofen or Advil take 2 tablets of Aleve or 400mg. If you cannot take either of these take Tylenol 325mg.
- Take Calcium and Vitamin C supplements.

After implant placement

- Do not chew anything hard-like ICE, UNPOPPED POPCORN ("old maids"), HARD NUTS or CARROTS. They could break the temporary crown.
- To help healing, take a multivitamin daily
- To reduce inflammation, take 4 tablets or 800mg of ibuprofen or Advil, if you can, two times a day for 2 days. If you cannot take ibuprofen or Advil take 2 tablets of Aleve or 400mg. If you cannot take either of these take Tylenol 325mg twice a day for 2 days
- It is normal any time an area of the mouth is worked on there is some discomfort. You may experience some slight pressure that is normal and could last for a week.

If you have a temporary

- Do not chew anything sticky-like GUM, CANDY or TAFFY. These can pull the temporary crown off.
- You can chew on the temporary right away, but be gentle and don't chew anything real hard or sticky.
- Floss around the temporary. When you go through the contacts of the teeth and floss, do not go back through the contacts to get the floss out. Instead, pull the floss out from between the teeth. If you remove the floss by going back through the contacts, you could pull the temporary crown off. **YOU NEED TO FLOSS DAILY TO KEEP "THE GUMS" HEALTHY. If you do not floss around the temporary daily, we may not be able to cement the final crown at your scheduled appointment, Or WE WILL HAVE TO TRIM THE GUMS AROUND THE TOOTH AND THAT WILL BE AN ADDITIONAL \$160 FOR YOU!** If the crown does come off, put a small amount of toothpaste in the crown and place it back on the tooth. Then CALL THE OFFICE so the crown can be recemented. We don't want the teeth to shift around before we get the final crown cemented.
- When your final crown is cemented, you do not have to worry about chewing on sticky things or how you floss. If you have tooth-colored crowns, you always want to be careful about chewing on hard objects, and DO NOT CHEW ON ICE. Since these things could cause the porcelain to fracture.