Rinse with PerioGard 10-14 days prior to scaling & root planing. See instructions below.

Day of scaling & root planing your medicine, Periochip, will be placed. Do not brush, floss or WaterPik area for 10 hours.

Do not floss or Waterpik treated area for 10 days.

10 days after scaling & root planing and placement of the medicated Periochip start using PerioMed rinse until it’s gone. See instructions below.

After the PerioMed is gone, start using the Therabreath rinse you get at Wal-Mart as a daily rinse following their instructions, twice a day after breakfast and before bed.

At your next periodontal maintenance visit we will evaluate if more Periochips need to be placed. Usually it takes 2 to 3 placements of medicine to get good healing.

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**PERIOGARD RINSE INSTRUCTIONS**

Follow the Steps Outlined below Each Morning and Evening…. After Breakfast and Before Bedtime.

1. Brush and floss as directed.
2. Measure out ½ ounce of PerioGard filling the bottle cap to the fill-line marked inside the cap.
3. Swish vigorously in your mouth for 30 seconds. Be sure the PerioGard reaches all areas around and between teeth especially the infected area we are to treat. After 30 seconds, spit PerioGard out.
4. You will get better results if you DO NOT rinse, eat or drink for 1 hour after this treatment.
5. Make sure you brush and floss well to help prevent staining of teeth.

**Aftertaste?**

PerioGard Oral Rinse has a fresh minty taste, but some patients notice a slight aftertaste when using it. The aftertaste is due to the fact that PerioGard is a medicine, not just a mouthwash. To minimize this effect, do not rinse with water immediately after using PerioGard as this will remove flavoring that masks the aftertaste.

**A Change in Taste?**

For some patients, certain foods may taste different while undergoing the PerioGard treatment program. If, however, you notice a change in the taste of some foods, do not be concerned, as this is a temporary effect lasting only for the duration of therapy. Using PerioGard after breakfast and before bedtime minimizes this effect.

**Oral Surface Staining?**

PerioGard will accelerate the natural rate of staining of plaque and tooth surfaces between office visits, and may also produce tartar build-up. Stains and tartar build-up can be removed during your next office visit for cleaning and polishing. In the meantime, pay extra attention to brushing and flossing in any areas that begin to show discoloration. Brush with a Tartar Control Formula toothpaste to reduce tartar build-up and staining unless your teeth are sensitive then use our professional medicated toothpaste.

**Reducing Harmful Bacteria**

Because killing the bacteria is an essential part of keeping your gums healthy, for maximum benefit, keep using PerioGard for the full course of therapy as directed.
Follow the Steps Outlined below Each Morning and Evening… After Breakfast and Before Bedtime.

6. Brush and floss as directed.
7. Squirt out 2 pumps of PerioMed in its cup and fill with water.
8. Place ½ mixture into your monojet syringe and squirt into the treated area. Use excess PerioMed to rinse remainder of your mouth for 60 seconds & spit out.
9. You will get better results if you DO NOT rinse, eat or drink for 1 hour after this treatment.
10. Make sure you brush and floss well to help prevent staining of teeth.